

Dan Ouellette, RMT, ABMP

Registered Massage Therapist

Anat Baniel Method Practitioner

2911C Cleveland Avenue, Saskatoon, SK S7K 8A9

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Professional Details:

Private Practice 2005 – 2011

Saskatoon Therapeutic Massage Centre (now Myo-Therapies)

Focus on manual therapy techniques including various massage techniques, myofascial release, craniosacral therapy and joint mobilization. Clinical experience with various athletes, pain issues, adult brain injury and pediatrics.

Business Owner/Private Practice 2011 – Present

Body in Mind Therapies – Massage and Neuromovement Centre

Focus on the Anat Baniel Method of Neuromovement. Clinical experience with various pain issues, adult brain injury/spinal cord injury rehabilitation and working with children with brain injuries, cerebral palsy, downs syndrome, motor delays, physical disabilities, Autism, genetic disorders, etc.

SGI and WCB Accredited

Maintains Standard First Aid and CPR/AED Level C

Member of Massage Therapy Association of Saskatchewan (MTAS) since 2005

Education:

Certified Anat Baniel Method of Neuromovement Practitioner (440 Hours) 2011-13

Anat Baniel Method Training Center

San Rafael, CA USA

Registered Massage Therapy Diploma with Honours (2200 Hours) 2005

McKay Massage and Hydrotherapy Program, Career Campus

Saskatoon, Saskatchewan Canada

Continuing Education:

- Lead Practitioner for the Anat Baniel Classroom Project in the Lloydminster Catholic School Division
 - Giving ABMNM lessons to children in the project
 - Instructing and teaching the parents and staff in the LCSD in the implementation of the 9 essentials at home and in the classroom
 - Aug 2019 to Present

- Anat Baniel Method of Neuromovement Children's Mastery 5 Training (44 hours) 2020 | Tucson, AZ USA
Taught by Anat Baniel
- 5 Day ABMNM Practitioner Excellence Mentoring Program (40 Hours) May 21-24, 2019 | Vancouver, BC
Taught by Anat Baniel
- 4 Day Canadian ABM Mentorship Program (24 Hours) April 26-29, 2019 | Vancouver, BC
Taught by Judith Dack, ABMP, GCFMP
- 3 Day Canadian ABM Mentorship Program (18 Hours) Aug 13-15, 2018 | Saskatoon, SK
Taught by Judith Dack, ABMP, GCFMP
- 5 Day ABM Parent Child Workshop - Led by Neil Sharp and Dep Deppe (40 Hours)
Assistant Teacher June 2018 | Boulder, CO USA
- 4 Day Canadian ABM Mentorship Program (24 Hours) Nov 24-27, 2018 | Toronto, ON
Taught by Judith Dack, ABMP, GCFMP
- Assisting at the Anat Baniel Method International Basic Trainings
Oct 2017 (50 Hours) | Henderson, NV USA
Feb 2018 (50 hours) | Henderson, NV USA
- 2 Day ABMNM AGM
In addition to attending the conference I also presented, as part of a panel, regarding
business operations of an ABM based practice
Feb 4-5, 2017 (16 hours) | San Rafael CA USA
- 5 Day ABM Parent Child Workshop - Led by Anat Baniel (40 Hours)
Assistant Teacher Sept 2016 | San Rafael, CA USA
- 3 Day Professional Supervision Intensive (Children) (20 Hours) Sept 2015 | Boulder, CO USA
Taught by Sylvia Leiner Shordike, ABMP, GCFMP
- Anat Baniel Method of Neuromovement High Performers Mastery Training
(58 Hours) 2015 | San Rafael, CA USA
- Anat Baniel Method of Neuromovement Vitality and Anti-Aging Mastery Training
(113 Hours) 2014 | San Rafael, CA USA
- Anat Baniel Method of Neuromovement Children's Mastery 1 through 4 Training
(176 hours) 2014 | San Rafael, CA USA
- Myofascial Release Level 3 (30 Hours) Oct 20-25, 2009
- Pediatric Myofascial Release (12 Hours) May 2-3, 2009 Hamilton, ON
- Quantum Leap Seminar (20 Hours) Jan 21-24, 2009 | Key West, FL
- Advanced Myofascial Unwinding (20 Hours) Jan 15-18, 2009 | Key West, FL
- Myofascial Rebounding (20 Hours) Jan 12-14, 2009 | Key West, FL
- Craniosacral Therapy Level 1 (24 Hours) April 2008 | Saskatoon, SK
- Skill Enhancement Seminar (40 Hours) Nov 5-9, 2007 | Sedona, AZ USA
- Cervical Thoracic (20 Hours) Nov 2-4, 2007 | Las Vegas, NV USA
- Myofascial Mobilization (12 Hours) Feb 24-25, 2007 | Calgary, AB
- Subtle Energy Therapy Level 1 (12 hours) Oct 15-16, 2006 | Sedona, AZ USA
- Fascial Pelvis (20 Hours) Oct 12, 2006 | Sedona, AZ USA
- Myofascial Release Level 2 (20 Hours) Feb 16-19, 2006 | Sedona, AZ USA
- Myofascial Unwinding (20 Hours) Feb 13-15, 2006 | Sedona, AZ USA

- Myofascial Release Level 1 (20 hours) Feb 9-12, 2006 | Sedona, AZ USA
Repeated MFR 1 (20 Hours) Aug 21-24, 2008 | Banff, AB
- Canadian sport safety program May 1, 2005:
 - Sport First Aid
 - Sport Taping
 - CPR/First Aid
 Offered by Sport Medicine and Science Council of Saskatchewan
- Muscle energy of the osseous pelvis (16 hours)
Taught by Bryan Kuss, RMT - March 14-17, 2005 | Saskatoon, SK
- Myofascial Mobilization (16 hours)
Taught by Bryan Kuss, RMT - March 7-10, 2005 | Saskatoon, SK
- Intro to Sports Massage
Taught by Al Bodnarchuk, SMT(c), RMT - August 2004 | Saskatoon, SK

Home Study:

- The Seventh Cervical Crossroads – Advanced 2 Day Feldenkrais Training
Taught by Mara Della Pergola
 - Ribs in Relation – An Advanced Feldenkrais Training (Produced in 2001)
Taught by Mark Reese
 - Improving the Carriage of the Head – An Advanced Feldenkrais Training (Produced in 2002)
Taught by Mark Reese
 - Scoliosis Project – 15 day Workshop (Produced in 2008)
Taught by Dr. Eilat Almagor and Anat Krivine
 - Seminar On The Function of Sitting – For Feldenkrais Teachers (Produced in 1994)
Taught by Anat Baniel and Dr. Eilat Almagor
 - Feldenkrais Professional Training Program (1980-1983) Filmed in Amherst, Massachusetts, USA Volumes 1 and 2
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Presentations and Workshops:

- Parent and Caregiver Education Series
Hosted by Body in Mind Therapies in April 2020
4 week series educating parents and caregivers in the application of the ABMNM 9 essentials at home with their children
- Presenter at the Grand Rounds for Clinical Neurosciences at Royal University Hospital
The Anat Baniel Method: Transforming Clinical Outcomes in Neurological Rehabilitation
October 14, 2016
- 1 Day ABM Parent and Caregiver Workshop with Anat Baniel
Hosted and Organized | Calgary, AB (July 2015)
Hosted and Organized | Saskatoon, SK (May 2017)
- 2 Day Brain-Body Connection Parent Workshop with Judith Dack
Hosted and Organized | Saskatoon, SK (Aug 11-12 2018)

Hobbies and Special Interests:

- Coaching youth sports ie: Hockey, Soccer and Lacrosse
 - Juggling
 - Current neuroscience research related to helping children with special needs improve function ie: motor, social/emotional, etc.
 - Anything Neuro or pain science related
 - Mindfulness
 - Karate (orange belt)
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Skills and Achievements:

- Coaching parents to be able to implement the ABM 9 essentials at home with their child
- Received \$1000 US Grant from Access to ABM (May 2017)

Founded by Marcy Lindheimer, ABM Master Trainer

Access to ABM awards grants to skilled practitioners of the Anat Baniel Method whose private practice is chiefly dedicated to working with children. These practitioners were chosen because of their accomplishment in helping children with special needs. These awards are a means of giving recognition and support to their ABM work with current and future children. By accepting the award, the practitioner commits to using the monies exclusively to fund the ABM lessons he/she gives to a child whose family is in financial need.