



# Body in Mind Therapies

## Massage and Movement Centre

Unit C - 2911 Cleveland Avenue

Saskatoon, SK S7K 8A9

Phone: (306) 715-2354

email: douellette@bimt.ca

## Intensive Policies and Information

### **Fees:**

- The 10 lesson program is \$1050.00 CDN (Price is subject to change)
- Lessons with Dan Ouellette are:
  - \$110.00 CDN per up to 45 minute lesson
  - \$85.00 CDN per up to 30 minute lesson
- Lessons with all other practitioners are \$100.00 CDN per up to 45 minute lesson

\*Rates are \$10 more than regular appointments due to higher admin fees with the intensive format.

**Payment Policy for existing clients:** Payment for all lessons for the week is due on, or before, the date of your first lesson of the scheduled intensive. Please pay in full by cash, cheque (made out to "Body in Mind Therapies") or e-transfer.

**Payment Policy for new clients:** If you've never had lessons with us before, a deposit of \$300.00 CDN is required to hold your spot. This is due at the time of scheduling and accepting the proposed week's schedule or no later than 30 days prior to the scheduled intensive. Balances are due on, or before, the date of the first lesson of the scheduled intensive. Please pay by cash, cheque (made out to "Body in Mind Therapies") or e-transfer.

### **Cancellation Policy for Single Lessons:**

- Lessons and consultations must be canceled with at least **48 hours** notice.
- For Monday appointments, please notify us of any cancellation by 12:00pm the prior Thursday.
- For Tuesday appointments, please notify us of any cancellation by 12:00pm the prior Friday.

**For intensives, you are financially responsible for missed appointments and/or appointments not canceled with 48 hours notice.**

**Cancellation for Lesson Series:** If you have scheduled a lesson series of one or two weeks, we require notification of cancellation at least **2 weeks** prior to your first lesson. If you cancel less than 2 weeks prior to your first series' session, you will be responsible for payment for the first 2 lesson days of the week. If you cancel less than 1 week prior to your first series' session, you will be responsible for payment for the entire week (unless we are able to fill your sessions).

**Sick Child:** Occasionally children get sick with the flu or a cold. It is important that if your child is contagious, that you don't bring them for the lesson. If they have a stuffy nose, it is not a problem, but if they have a fever or are vomiting and/or are very run down then lessons will not be beneficial anyway. Also, we don't want the practitioner and other children to get sick. We will still need to maintain the Cancellation Policy since the practitioner has already committed their time to you.

We make every effort to fill cancellations, and have always been committed to try and find replacement for canceled lessons. If we are unable to fill your canceled appointment/s, you may be charged the full fee.

**Insurance Reimbursement:** If your practitioner has another designation in addition to their ABM Practitioner certification that qualifies them for insurance coverage you will be able to submit their receipts for reimbursement. Otherwise the Anat Baniel Method<sup>sm</sup> is a learning based method, not a medical treatment. As a result, ABM practitioners without any other designation are unable to assign treatment codes, submit insurance claims, or work with health insurance providers. We also do not keep medical records and thus are unable to supply them.

We are happy to provide you with a receipt indicating the number of lessons received, the amount paid, and the description of the services provided as “neuromuscular re-education” for you to submit to your health insurance company, if you so choose.

**Health History Form:** If you have not been to the clinic before, please complete the "New Client Form" attached to the email you received and bring it with you on your first appointment.

**Appointment Times:** **Please do not request specific lesson times, including on the first and last day of lessons.** We consider many factors when scheduling, as our goal is to give optimal times to each client, but we can only accommodate more general requests such as “mornings or afternoons work best for us.” Lesson times are subject to change. Lessons start each day at 8 AM and may run as late as 6 PM. Please make your child and/or yourself available between these hours.

**Location:** Our center is located at Unit C- 2911 Cleveland Avenue, Saskatoon, SK S7K 8A9.

We are looking forward to seeing you and working with you and/or your child in the near future!

Thank you,  
Dan Ouellette, RMT, ABMP  
**Body in Mind Therapies - Massage and Movement Centre**  
Website: [www.bimt.ca](http://www.bimt.ca)  
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