



Body in Mind Therapies

Massage and Movement Centre

Intensive Policies and Information – Updated Aug 22nd, 2021

Fees:

- Our 10 lesson Multi-Practitioner ABMNM Intensive Program is currently \$1150.00 CDN (Admin fee and taxes included). Price is subject to change.
- Lessons with Dan Ouellette, RMT, ABMNMP are:
 - \$120.00 CDN per up to 45 minute lesson
 - \$85.00 CDN per up to 30 minute lesson
- Lessons with all other practitioners are \$90.00 CDN per up to 45 minute lesson
- An admin fee of \$100 (\$10 per lesson) applies and is due upon booking.
 - The admin fee is non-refundable. This is in place to allow for pre-booking and to hold your spot, as well as to cover the time and effort that goes into organizing the schedule for the 10 clients we will see on these weeks.
 - The admin fee is included in the price of the program (\$1150.00)

Payment Policy For Existing Clients:

1. The admin fee of \$100 is due upon registering for the intensive.
2. The remaining amount (\$1050.00) for the week is due on, or before, the date of your first lesson of the scheduled intensive. Please pay in full by etransfer, cheque (made out to "Body in Mind Therapies") or cash.

Payment Policy For New Clients:

1. If you've never had lessons with us before, a deposit of \$300.00 CDN is required to hold your spot. This is due at the time of scheduling and accepting the proposed week's schedule or no later than 30 days prior to the scheduled intensive.
2. Balances (\$850.00) are due on, or before, the date of the first lesson of the scheduled intensive. etransfer, cheque (made out to "Body in Mind Therapies") or cash.

Cancellation Policy For Single Lessons:

- Lessons and consultations must be canceled with at least **48 hours notice**.

- For Monday appointments, please notify us of any cancellation by 12:00pm the prior Thursday.
- For Tuesday appointments, please notify us of any cancellation by 12:00pm the prior Friday.

For intensives, you are financially responsible for missed appointments and/or appointments not canceled with 48 hours notice.

Cancellation Policy For The Intensive Week:

- If you have scheduled an intensive of one or two weeks, we require notification of cancellation at least **2 weeks** prior to the start date of the scheduled intensive or 2 weeks prior to your first scheduled lesson.
- If you cancel less than 2 weeks prior to your first lesson of the week, you will be responsible for payment for the first 2 days of the week or a total of 4 lessons.
- If you cancel less than 1 week prior to your first series' session, you will be responsible for payment for the entire week (unless we are able to fill your sessions).

Sick Child:

Occasionally children get sick with the flu or a cold. It is important that if your child is contagious, that you don't bring them for the lesson. If they have a stuffy nose, it is not a problem, but if they have a fever or are vomiting and/or are very run down then lessons will not be beneficial anyway. Also, we don't want the practitioner and other children to get sick. We will still need to maintain the Cancellation Policy since the practitioner has already committed their time to you.

We make every effort to fill cancellations and have always been committed to try and find replacement for canceled lessons. If we are unable to fill your canceled appointment/s, you may be charged the full fee.

PLEASE NOTE: At this time, we are asking anyone experiencing symptoms to stay home!!

Insurance Reimbursement:

If your practitioner has another designation in addition to their ABM Practitioner certification that qualifies them for insurance coverage, you may be able to submit their receipts for reimbursement. Otherwise, the Anat Baniel Methodsm is a learning-based method, not a medical treatment. As a result, ABM practitioners without any other designation are unable to assign treatment codes, submit insurance claims, or work with health insurance providers. Also, ABMNM practitioners do not keep medical records and thus are unable to supply them.

We are happy to provide you with a receipt indicating the number of lessons received, the amount paid, and the description of the services provided as “neuromuscular re-education” for you to submit to your health insurance company, if you so choose.

Health History Form:

If you have not been to the clinic before, please complete the "New Client Form" found on our website and bring it with you to your first appointment.

Appointment Times:

- **Please do not request specific lesson times, including on the first and last day of lessons.** We consider many factors when scheduling, as our goal is to give optimal times to each client, but we can only accommodate more general requests such as “mornings or afternoons work best for us.”
- Lesson times are subject to change.
- Lessons start each day at 8 AM and may run as late as 6 PM. Please make your child and/or yourself are available between these hours.

We look forward to working with you and/or your child soon!

Thank you,

Dan Ouellette, RMT, ABMNMP (Owner)

Body in Mind Therapies - Massage and Movement Centre

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